Q: Do you know how to cook and bake?

**Yes, I only cook, and if I bake and follow the recipe, I shouldn't roll over, I'm not sure**

Q: How often do you cook or bake on average?

**I probably do it twice a day, but I'm lazy when I'm in a hurry, so I might just do it all at once**

Q: What do you think of your cooking skills?

**I'll cook one dish, and the rest will feel average**

Q: Do you have any difficulties with cooking, please describe it?

**I have to read the recipe all the time, I always don't know what I want to eat, and I have to hesitate every day about what to eat today.**

Q: Have you heard of augmented reality (AR) technology before?

**Yes, AI technology, AR?, that hasn't been heard of**

Q: Let me explain it to you

It is a technology that combines virtual information with the real world, by adding computer-generated images, sounds, videos and the like to the real environment, so that you can experience it better, this environment is not completely virtual,

Showcase Video: Videos of megacities

Q: What kind of help or information would you like AR glasses to help you with when you're cooking?

**I need to provide recipes, and I don't want to look at my phone all the time, because sometimes your hands are sticky, or oily noodles are dirty**

Q: Where do you think AR information should be displayed in order to provide you with the most help without disturbing you?

**When I want to see it, it appears, and when I don't want to see it, it doesn't appear. It's good to have a sound, that is, to interact vividly with me when I cook, it is best to remind me, and it can remind me of external information**

Q: If AR glasses could provide you with real-time step-by-step tips for recipes, what would you look like?

It's just that kind of little arrow that can guide me, what I'm going to do, and I feel that the text is a little bit less vivid.

Q: When you encounter unfamiliar cooking skills, what form of guidance do you prefer AR glasses to provide you? Video presentations, illustrations, text prompts, real-time expert help

**There is a voice form that can guide me, and it is best to help me detect what kind of dish it is, and some dishes I don't know how to deal with and how to do it.**

Q: Imagine the process of your work in the kitchen, when do you think that using AR (cleaning, baking, cooking, managing/e.g. knowing what is reasonably allocated space in the cupboard) will improve your life?

**Looking for something, I always need to find something, it's better to tell me where my belongings are, every time I make soup, I suddenly want to add some spices, but I don't know where for a while, so it takes a long time to look for it, but when I look back at the water in my pot, it is boiled dry. It's mushy!!**

**Improvements in AR technology**

Q: Do you have any concerns or concerns about using AR glasses?

**In case I can't afford it in the future, it's useless to have this product, and I can't enjoy it**

Q: What improvements do you think AR glasses need to be made to better meet the needs of cooking and baking?

**There is a ringtone to remind me, or for example, this pot is good, there can be a ringtone to remind me**